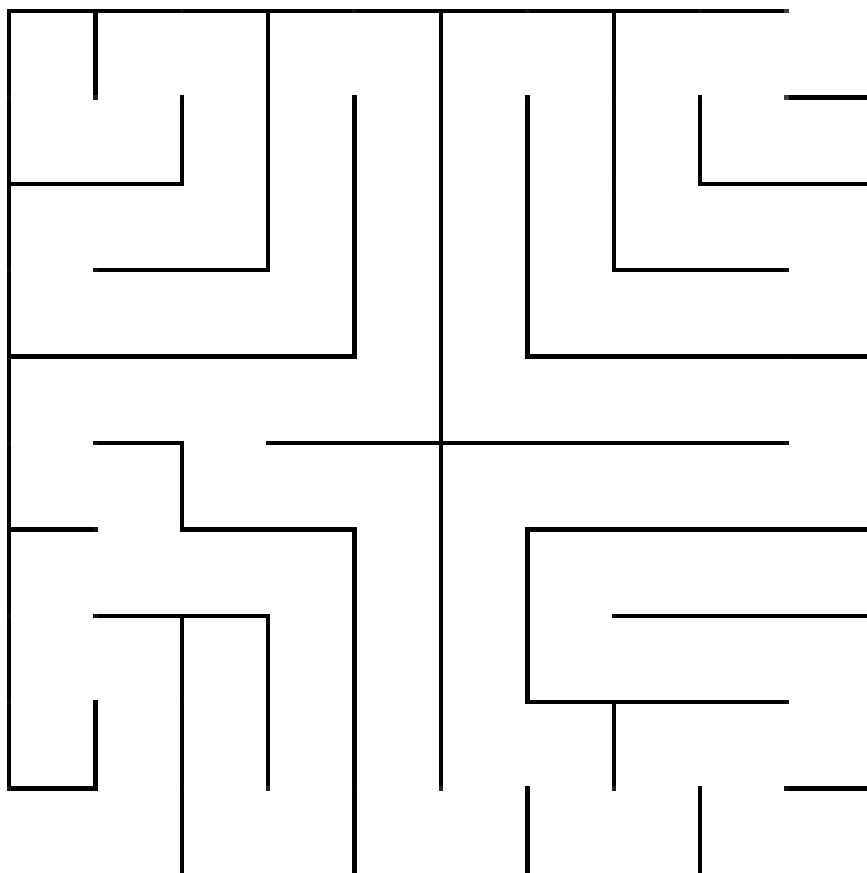


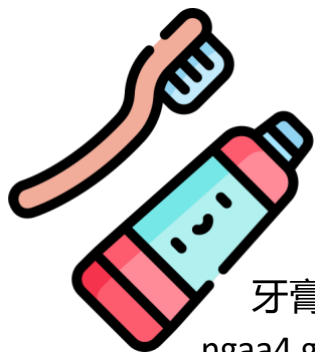
# Toothbrushing Song Sheet

(To the tune of This Old Man)



牙  
ngaa4

牙刷  
ngaa4 caat2



牙膏  
ngaa4 gou1

Written Cantonese	Jyutping	English Meaning
向上刷，向下刷 不可放任胡亂刷 應防牙縫藏邈邊 起床臨瞓都應刷	heong3 soeng5 caat3, hoeng3 haa6 caat3 bat1 ho2 fong3 jam6 wu4 lyun6 caat3 jing3 fong4 ngaa4 fung4 cong4 laap6 taap3 hei2 cong4 lam4 fan3 dou1 jing3 caat3	Brush up, brush down Don't brush carelessly You must guard against the dirt between the teeth When you get out of bed or before you sleep, you must brush
你又刷，我又刷 天天記住唔邈邊 保持排牙常健康 起床臨瞓都應刷	nei5 jau6 caat3, ngo5 jau6 caat3 tin1 tin1 gei3 zyu6 m4 laap6 taap3 bou2 ci4 paai4 ngaa4 soeng4 gin6 hong1 hei2 cong4 lam4 fan3 dou1 jing3 caat3	Again you brush, again I brush Remember everyday to not be sloppy Always keep your teeth healthy When you get out of bed or before you sleep, you must brush



Scan to sing  
along!

